



FOX INSIGHT

WINTER 2021

Newsletter



About Fox Insight

Fox Insight is an online clinical study that aims to transform the search for better treatments by gathering information directly from people with and without Parkinson's. By completing online questionnaires through Fox Insight, you are offering researchers and community members important learnings about how the disease changes over time and differs from person to person. Fox Insight is sponsored by The Michael J. Fox Foundation for Parkinson's Research. To continue your valuable participation, visit foxinsight.org.

Don't forget to complete your next study visit! To find out if it's open or when it's time to complete it, sign into Fox Insight at foxinsight.org.

Dear FOX INSIGHT FAMILY,

Thank you for your dedication to Parkinson's research. As we enter the final weeks of 2021, it's important to look back at all we've achieved this year, with your help:

- + We reached our recruitment goal in the Fox Insight Genetic Sub-study. This collaboration between The Michael J. Fox Foundation (MJFF) and personal genetics company 23andMe gathered genetic data from more than 10,000 participants with Parkinson's!
- + We shared that de-identified data with researchers to accelerate scientific discovery and deepen understanding of Parkinson's disease.
- + MJFF funded five research teams to analyze data from the surveys you complete in Fox Insight. [Learn about the funded studies.](#)

These milestones help speed momentum in Parkinson's research and pave a path for better treatments. Keep up the great work!

With gratitude,
The Fox Insight Study Team

FOX INSIGHT *by the numbers*



53K+
participants



189k
study visits completed



1.9M
surveys completed



FIND *the* LATEST OPEN SURVEYS



As you know, Fox Insight sends out surveys on topics important to the Parkinson's community. Your responses help researchers better understand the impact of Parkinson's and could lead to new ways to treat the disease.

You previously might have completed surveys on stress, environmental

exposures, cannabis or walking issues. Right now, you can share your experience on the following survey topics:

- + COVID-19
- + Health care discrimination
- + Mood disorders
- + Care partner experiences

Find surveys in the **Related Research** tab after signing into **Fox Insight**.

Coming soon! Look out for a new survey on the experience of being a woman with Parkinson's.

Join the **STUDY** that Could **CHANGE EVERYTHING**

Given your interest in research, whether you have Parkinson's or not, we invite you to join The Michael J. Fox Foundation's landmark study, the Parkinson's Progression Markers Initiative (PPMI). PPMI is on a

mission to stop Parkinson's before it starts. To achieve this, the study needs people with and without Parkinson's. Parents, brothers and sisters, and adult children of people with Parkinson's over age 60

are especially needed. The study recently expanded with an online platform currently operating in the United States. To learn more and get started, please visit ppmionline.org.

He doesn't have Parkinson's. But he can help end it.

Join the study that could change everything.



Parkinson's Progression Markers Initiative